***Friends of Highgate Surgery PPG***

**Walking for Health**

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***Sileby Community Centre, 2.30pm***

***Wed 11th May The Peace Garden 1 mile***

***Wed 8th June Cossington (bus there) 1.25 miles***

***Wed 13th July Sileby Memorial Park 1 mile***

***Wed 10th Aug Sileby Mill 1.25 miles***

***Wed 14th Sept Quaker Road 1.5 miles***

***Wed 12th Oct Highgate School (bus there) 1 mile***

***Walks led by Christine and Dave***

***Everyone Welcome***

***Sturdy Shoes to be worn***

***Sorry No Dogs***

***www.highgatemedicalcentre.co.uk ***